

SURPLUS PRODUCE RESCUE SCHEME

Donate your surplus produce to support your community

How would you like to help others while saving yourself the heartache of seeing your hard-earned produce consigned to the compost bin? In partnership with Kendal Town Council, Waste into Wellbeing is offering you the chance to make a difference, by donating your surplus harvest to support your community.

Waste to Wellbeing is a volunteer led, social project at the heart of Kendal's Food Community. Food from local supermarkets, shops and bakeries which would otherwise be destined for landfill is turned into nourishing meals, provided on a pay what you can basis in Kendal People's Cafe, or is distributed to residents in need via Kendal Food Hub.

Due to the Covid-19 outbreak, Waste into Wellbeing has had to suspend its café sessions and events. It has changed its operation, setting up three weekly food shares to distribute much-needed food bags to individuals and families and delivering freshly prepared meals to vulnerable elderly residents.



We need help! With the change in people's shopping patterns and the temporary closure of some of our most valued donors, donations of fresh fruit and vegetables are in short supply. We're therefore reaching out of our growing community to share any gluts from their gardens and allotments.

If you're into growing your own produce, you'll know only too well that at certain times of the year you can be inundated with one particular crop or another. You no doubt offer lots of tasty treats to friends and neighbours, but now you can also donate it to Waste into Wellbeing and know your hard work will support your local community and those residents in most need.



How much is worthwhile donating?

Whether you have a handful of sugar snap peas or a bucketful of Rhubarb, your surplus produce can make a real difference.

How will the surplus produce be used?

Depending on the donations we receive and what we have planned, your surplus produce will be shared at one of our community food shares or turned into wholesome meals for our most vulnerable residents.

Do I have to commit to donating regularly?

Not at all. Your support is greatly appreciated whether you make a regular donation each month or a one-off donation per season. Perhaps you grow for fun and regularly can't get through all your produce, or maybe you have a particularly heavy cropping apple tree where two weeks of the year, you're inundated with fruit – either way, we'll make good use of your surplus.

How do I donate?

In the short-term, donations can be dropped off at Outside In Play Centre on Beeson Road, Kendal, LA9 6EL (opposite Homebase) at the allocated times each week:

Thursday 2:00 pm – 3:00 pm

Sunday 11:00 am – 12:00 noon

Please note that these times are subject to change. Please follow us on Facebook (facebook.com/kendalpeoplescafe) for details. We'll also note any changes on the door so please look out for that. Kendal Town Council **will not** be able to accept any donations.

To avoid unnecessary contact, donations can be left in the plastic tub on the doorstep during these times. During lock-down, please ensure your drop-off is combined with your daily exercise or other essential journey. Some allotment sites may like to nominate one or two allotment holders to gather up the surplus and make a collective donation.

How can I find out more?

Later in the year, we'll share with Kendal Town Council an update on the success of our crop share scheme. In the meantime, if you'd like to know more about Waste into Wellbeing, visit facebook.com/kendalpeoplescafe or contact Stacy Hurley stacy@cinnamonltd.com

Waste into Wellbeing is part of South Lakes Action on Climate Change, Reg Charity No. 1139474



waste into
wellbeing
KENDAL PEOPLE'S CAFE

